**HS132.02 A: CONTRIBUTORY PERSONALITY DEVELOPMENT**

**Credits and Hours:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Teaching Scheme** | **Theory** | **Practical** | **Tutorial** | **Total** | **Credit** |
| Hours/week | -- | 30/15 | -- | 30/15 | **02** |
| Marks | **--** | 100 | -- | 100 |

**Pre-requisite courses:**

* Communication and Soft Skills

**Objectives of the Course:**

* Become familiar with basic concept of personality and personality development
* Understand personality development theories and strategies
* Evaluate one’s personality and inculcate traits of an assertive personality
* Develop an assertive personality
* Develop life skills and required management traits
* Enhance contributory personality for academic and career success

**Outline of the Course:**

|  |  |  |
| --- | --- | --- |
| **Sr.**  **No.** | **Title of the unit** | **Minimum number of hours** |
| 1. | Concept of Personality | 06 |
| 2. | Soft Skills and Personality Development | 08 |
| 3. | Developing Contributory Personality | 06 |
| 4. | Life skills and Personality Development | 06 |
| 5. | Contemporary Issues in CPD | 04 |
|  | Total hours (Theory) : | -- |
|  | Total hours (Practical) : | 30 |
|  | Total hours : | 30 |

**Detailed Syllabus:**

|  |  |  |  |
| --- | --- | --- | --- |
| 1. | Concept of Personality | 06 Hours | 20% |
|  | Meaning of Personality, Types of Personality, Factors contributing to Personality, Personality Traits, Personality Profiling |  |  |
| 2. | Soft Skills and Personality Development | 08 Hours | 26% |
|  | Positive Thinking and Mind Set, Leadership, Assertiveness and Negotiation Skills, Self-Management, Interpersonal Skills, Being a Team Player |  |  |
| 3. | Developing Contributory Personality | 06 Hours | 20% |
|  | Concept of Contributory Personality, Characteristics of a Contributor, The Contributor’s Vision of Success & Career, The Scope of Contribution in a field, Embarking on the Journey to Contributor ship, Developing Contributor Personality, Reviewing Some Contributors Personalities |  |  |
| 4. | Life skills and Personality Development | 06 Hours | 20% |
|  | Concept of life skills, Self-awareness, Empathy, Decision Making, Problem Solving |  |  |
| 5. | Contemporary Issues in CPD | 04 Hours | 14% |
|  | Contemporary Trends and Practices in Contributory Personality Development, Case Study & Presentations |  |  |

**Course Outcome (COs):**

At the end of the course, the students will be able to

|  |  |
| --- | --- |
| CO1 | Identify one’s individual personality strengths and challenges. |
| CO2 | Develop more assertive and optimist attitude towards work and life. |
| CO3 | Develop quintessential soft skills to groom one’s personality. |
| CO4 | Identify traits of contributor personality. |
| CO5 | Contribute to self, society, nation, and globe. |
| CO6 | Develop skills of global citizenship to perform societal responsibilities. |

**Course Articulation Matrix:**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 | PO11 | PO12 | PSO1 | PSO2 |
| CO1 | - | - | - | - | - | - | - | - | - | 1 | - | - | - | - |
| CO2 | - | - | - | - | - | - | - | - | - | 1 | - | - | - | - |
| CO3 | - | - | - | - | - | 1 | - | - | 3 | 1 | 2 | 1 | 1 | - |
| CO4 | - | - | - | - | - | 2 | - | - | - | - | - | - | - | - |
| CO5 | - | - | 2 | - | - | 2 | 2 | - | - | - | - | - | - | - |
| CO6 | - | - | - | - | - | - | 2 | 2 | - | - | - | - | - | 3 |

Enter correlation levels 1, 2 or 3 as defined below:

1: Slight (Low) 2: Moderate (Medium) 3: Substantial (High)

If there is no correlation, put “-”

**Recommended Study Material:**

* **Text book:**

1. Personality Development & Soft Skills, Oxford University Press
2. Soft Skills, Bookboon
3. Personality Development, Swami Vivekananda; Advaita Ashrama

* **Reference book:**

1. Contributor Personality Program Workbook (Volume 1,2),
2. Contributor Personality Program ActivGuide, Illumine Knowledge Pvt. Ltd

* **Web material:**

1. https://www.coursera.org/learn/wharton-succcess
2. https://www.coursera.org/learn/personality-types-at-work
3. https://www.coursera.org/learn/self-awareness